Are you entitled to FREE support, services and information?

Warm homes, healthy people with Safe And Independent Living (SAIL)

Local residents are being invited to receive FREE support, services or information to help keep them safe and independent in their own home.

Safe And Independent Living (SAIL) is a scheme that provides people with additional support such as:

- · Fitting free smoke detectors and having a home safety check
- \cdot Having a home energy check and receiving grants for insulation
- \cdot Benefit checks to ensure that people are receiving everything they are entitled to
- Debt advice
- · Signposting to local social opportunities, lunch clubs, exercise classes or learning
- · Signposting to falls prevention services
- · Support to live a healthier lifestyle

SAIL Roadshow coming to your area

At the front of Townsend Community Centre / One Stop Shop On Jewell Road, Townsend

Monday 18th February 2013

10.00am – 12.00pm

Everyone welcome, no appointment necessary, just turn up. See you there..

For more information please contact:

Dorset Energy Advice Centre on 0800 975 0166



SAIL is a partnership between local authorities, the Fire Service, Dorset Police, third sector organisations, local groups and services, Dorset Energy Advice Centre, Age UK and the local health service.